

Nutrition Facts/Valeurs nutritives

Old Dutch Products (Potato Chips)/Produits Old Dutch (Croustilles)																							
Serving size / # of chips Portion / # de croustilles		Calories	Fat/ Lipides	% DV % VQ	Saturated/ Saturés	Trans	% DV % VQ	Cholesterol/ Cholestérol	% DV % VQ	Sodium	% DV % VQ	Carbohydrate/ Glucides	% DV % VQ	Fiber/ Fibres	% DV % VQ	Sugars/ Sucres	Protein/ Protéines	Vitamin A/ Vitamine A	Vitamin C/ Vitamine C	Calcium	Iron/ Fer	Vitamin E/ Vitamine E	
Per 50 g serving / par portion de 50 g																							
Original/Regular/Nature		44	260	15g	23%	1g	0g	5%	0mg	240mg	10%	29g	10%	1g	4%	0g	3g	0%	50%	0%	4%	25%	
All Dressed/Assaisonnées		32	260	16g	25%	1g	0g	5%	0mg	440mg	18%	29g	9%	2g	8%	2g	3g	0%	60%	2%	6%	30%	
Bar-B-Q		30	250	12g	18%	1g	0g	5%	0mg	430mg	18%	31g	10%	2g	8%	1g	3g	2%	60%	2%	6%	15%	
Cheddar & Sour Cream/Cheddar et Crème Sure		29	260	15g	23%	1.5g	0g	8%	0mg	380mg	16%	28g	9%	1g	4%	1g	4g	0%	60%	2%	6%	25%	
Dill Pickle/Cornichons à l'Aneth		27	260	14g	22%	1g	0g	5%	0mg	620mg	26%	29g	10%	1g	4%	0g	3g	0%	60%	2%	6%	20%	
Ketchup		27	250	13g	20%	1g	0g	5%	0mg	710mg	30%	31g	10%	2g	8%	4g	3g	0%	50%	2%	6%	25%	
Onion & Garlic/Oignon et Ail		29	260	15g	23%	1.5g	0g	8%	0mg	340mg	14%	28g	9%	2g	8%	0g	4g	0%	20%	2%	6%	110%	
Salt'n Vinegar/Sel et Vinaigre		31	250	14g	22%	1g	0g	5%	0mg	620mg	26%	30g	10%	1g	4%	1g	3g	0%	60%	2%	6%	15%	
Sour Cream & Onion/Crème Sure et Oignon		32	270	16g	25%	1.5g	0g	8%	0mg	430mg	18%	29g	9%	1g	4%	3g	3g	0%	60%	2%	6%	30%	
Crispy Bacon/Bacon crouquant		36	250	13g	20%	1g	0g	5%	0mg	410mg	17%	31g	10%	2g	8%	1g	4g	0%	40%	2%	6%	25%	
Steak & Onion/Bifteck et Oignon		38	250	12g	18%	1g	0g	5%	0mg	440mg	18%	30g	10%	1g	4%	2g	4g	0%	30%	2%	6%	20%	
Rave Buffalo Wings/Alles Buffalo		41	260	16g	25%	1g	0g	5%	0mg	430mg	18%	29g	10%	2g	8%	1g	2g	2%	70%	2%	6%	30%	
Rave Salt & Pepper/Sel et Poivre		41	250	13g	20%	1g	0g	5%	0mg	400mg	17%	31g	10%	1g	4%	1g	3g	0%	40%	2%	4%	25%	
Dutch Crunch - Jalapeno & Cheddar		39	250	12g	18%	1g	0g	5%	0mg	260mg	11%	32g	11%	2g	8%	1g	3g	0%	15%	2%	6%	15%	
Dutch Crunch - Mesquite BBQ/BBQ Mesquite		35	240	12g	18%	1g	0g	5%	0mg	500mg	21%	32g	11%	2g	8%	2g	3g	0%	15%	2%	6%	15%	
Dutch Crunch - Original		36	240	11g	17%	1g	0g	5%	0mg	210mg	9%	34g	11%	2g	8%	0g	2g	0%	15%	0%	4%	15%	
Dutch Crunch - Parmesan & Garlic/Parmesan et Ail		26	250	13g	20%	1.5g	0g	8%	0mg	220mg	9%	30g	10%	3g	12%	1g	4g	0%	30%	2%	6%	15%	
Dutch Crunch - Sea Salt & Malt Vinegar/Sel de Mer et Vinaigre de Malt		24	240	12g	18%	1g	0g	5%	0mg	710mg	30%	30g	10%	1g	4%	2g	3g	0%	15%	0%	6%	25%	
Dutch Crunch - Roasted Red Pepper & Cream Cheese/Poivron Rouge Rôti et Fromage à la Crème		26	240	11g	17%	1g	0g	5%	0mg	350mg	15%	32g	11%	2g	8%	3g	3g	2%	15%	2%	4%	10%	
Dutch Crunch - Chipotle & Lime		38	240	12g	18%	1g	0g	5%	0mg	390mg	16%	32g	11%	2g	8%	1g	3g	0%	15%	2%	6%	15%	
Dutch Crunch - Hickory Potato Sticks/Julienne Hickory		168	240	11g	17%	1.5	0g	5%	0mg	620mg	26%	29g	10%	4g	16%	1g	5g	2%	60%	2%	6%	4%	
Rip-L - Regular/Nature		25	260	14g	22%	1g	0g	5%	0mg	270mg	11%	30g	10%	1g	4%	0g	3g	0%	60%	0%	6%	20%	
Rip-L - Smokey BBQ/BBQ Fumé		18	260	15g	23%	1g	0g	5%	0mg	460mg	19%	29g	10%	2g	8%	3g	2g	2%	70%	2%	6%	30%	
Rip-L - Sour Cream & Green Onion/Crème Sure et Oignon Vert		22	260	14g	22%	1g	0g	5%	0mg	360mg	15%	29g	10%	1g	4%	2g	3g	0%	60%	4%	4%	30%	
Rip-L - Creamy Dill/Aneth Crémeux		18	250	13g	20%	1g	0g	5%	0mg	430mg	18%	30g	10%	1g	4%	2g	4g	0%	60%	2%	4%	25%	
Rip-L - Mexican Chili/Chili Mexicain		17	240	12g	18%	1g	0g	5%	0mg	380mg	16%	32g	11%	1g	4%	1g	3g	2%	60%	2%	6%	25%	
Rip-L - Lightly Salted/Légerement Salées		25	260	14g	22%	1g	0g	5%	0mg	150mg	6%	30g	10%	1g	4%	0g	3g	0%	60%	0%	6%	20%	
Rip-L - Aioli Gratin		24	260	16g	25%	1.5g	0g	8%	0mg	520mg	21%	29g	10%	1g	4%	2g	4g	0%	60%	2%	6%	30%	
Baked Potato Crisps Original/Croustilles Cuites au Four		30	190	2.5g	4%	0.5g	0g	3%	0mg	310mg	13%	41g	14%	3g	12%	4g	3g	0%	10%	6%	6%	6%	
Baked Potato Crisps Creamy Dill/Croustilles Cuites au Four Aneth Crémeux		27	200	4g	6%	0.5g	0g	3%	0mg	700mg	29%	38g	13%	2g	8%	5g	4g	0%	6%	6%	6%	6%	
Serving size / # of chips Portion / # de croustilles		Calories	Fat/ Lipides	% DV % VQ	Saturated/ Saturés	Trans	% DV % VQ	Cholesterol/ Cholestérol	% DV % VQ	Sodium	% DV % VQ	Carbohydrate/ Glucides	% DV % VQ	Fiber/ Fibres	% DV % VQ	Sugars/ Sucres	Protein/ Protéines	Vitamin A/ Vitamine A	Vitamin C/ Vitamine C	Calcium	Iron/ Fer	Vitamin E/ Vitamine E	
Old Dutch Corn, Meat and Dip Products / Produits maïs, viande et trempette Old Dutch																							
Extruded (per 50g) / Extrudés (pour 50 g)																							
Cheese Pleasers		45	280	18g	28%	1.5	0g	8%	0mg	540mg	23%	27g	9%	2g	7%	2g	3g	0%	2%	2%	2%	0%	
Cheese Popcorn/Maïs Soufflé au Fromage		4	240	16g	25%	3g	0.1g	13%	15mg	600mg	25%	28g	9%	2g	7%	0g	5g	0%	6%	4%	4%	4%	
Crunchys Extreme/Cheddar/Crunchys Cheddar Extreme		64	270	16g	25%	1.5g	0g	8%	5mg	480mg	20%	29g	10%	0g	0%	2g	4g	0%	0%	2%	2%	0%	
Crunchys Nacho Cheese/Crunchys au Fromage Nacho		64	270	15g	23%	2g	0g	10%	0mg	510mg	21%	30g	10%	1g	4%	1g	3g	2%	0%	2%	2%	0%	
Popcorn Twists/Torsades de Maïs Eclaté		4	260	17g	26%	1.7g	0g	9%	0mg	390mg	16%	29g	10%	4g	16%	1g	2g	0%	6%	0%	0%	0%	
White Cheddar Popcorn/Maïs Soufflé au Cheddar Blanc		4	260	19g	30%	3g	1g	15%	5mg	460mg	19%	24g	8%	6g	34%	2g	5g	2%	0%	4%	4%	4%	
Corn (per 50g) / Maïs (pour 50 g)																							
Original Corn Chip/Croustille Maïs Originale																							
Arriba - Jalapeno & Cheddar		38	240	11g	17%	1g	0g	5%	0mg	240mg	10%	34g	11%	3g	13%	1g	4g	0%	4%	6%	6%	6%	
Arriba - Nacho Cheese/Fromage Nacho		22	250	13g	20%	1g	0g	5%	0mg	450mg	17%	32g	11%	2g	8%	1g	4g	0%	6%	6%	6%	6%	
Arriba - Buffalo Wing/Alles Buffalo		22	250	12g	18%	1g	0g	5%	0mg	260mg	11%	31g	10%	3g	12%	2g	4g	0%	0%	2%	6%	6%	
Arriba - Zesty Taco/Taco Piquant		21	260	13g	20%	1g	0g	5%	0mg	260mg	11%	32g	11%	2g	8%	1g	4g	2%	0%	8%	6%	6%	
Bar-B-Q Corn Chip/Croustille Maïs BBQ		38	250	12g	18%	1g	0g	6%	0mg	130mg	5%	32g	11%	3g	14%	2g	4g	2%	6%	6%	6%	6%	
Restaurant - Roasted Bell Pepper/Lime/Poivron Rôti et Lime		14	250	12g	18%	1g	0g	5%	0mg	240mg	10%	33g	11%	2g	8%	2g	3g	0%	4%	6%	6%	6%	
Restaurant - Lightly Salted Bite Size Rounds/Petites Bouchées Rondes Légerement Salées		39	260	13g	20%	1g	0g	5%	0mg	100mg	4%	32g	11%	3g	12%	0g	3g	0%	0%	6%	6%	6%	
Restaurant - Baked Triangles/Triangles Cuites au Four		37	200	2g	3%	4g	0g	2%	0mg	380mg	16%	41g	14%	4g	16%	1g	5g	0%	0%	6%	10%	6%	
Restaurant - Bite Size Mini Rounds/Petites Bouchées Rondes		39	260	13g	20%	1g	0g	5%	0mg	240mg	10%	32g	11%	3g	12%	0g	3g	0%	0%	6%	6%	6%	
Restaurant - Crispy Rounds/Rondes Croustillantes		20	260	13g	20%	1g	0g	5%	0mg	115mg	5%	32g	11%	3g	12%	0g	3g	0%	0%	6%	6%	6%	
Restaurant - Dell Rounds/Rondelles Dell		20	250	11g	17%	1g	0g	5%	0mg	240mg	10%	34g	11%	3g	12%	0g	4g	0%	0%	6%	6%	6%	
Restaurant - Orja, Tortilla Triangles/Tortillas Triangles Originales		15	250	12g	18%	1g	0g	5%	0mg	240mg	10%	33g	11%	3g	12%	0g	3g	0%	0%	6%	6%	6%	
Restaurant - MultiGrain Triangles/Triangles Multigrains		23	260	13g	20%	1g	0g	5%	0mg	140mg	6%	32g	11%	5g	20%	2g	3g	0%	0%	2%	6%	6%	
Restaurant - MultiGrain Bite Size/Petites Bouchées Rondes Multigrains		36	260	13g	20%	1g	0g	5%	0mg	140mg	6%	32g	11%	5g	20%	2g	3g	0%	0%	4%	6%	6%	
Restaurant - Sea Salt & Hint Of Lime Salsa Spoons/Cullères à Salsa Sel de Mer et Souppon Limette		27	260	13g	20%	1g	0g	5%	0mg	240mg	10%	32g	11%	2g	8%	1g	3g	0%	0%	6%	6%	6%	
Pretzels/Party Mix (per 50g) / Bretzels et Mélange Fiesta (pour 50 g)																							
Party Mix/Mélange Fiesta																							
Low Fat Butter Spindles/Tiges au Beurre à faible teneur en gras		39	200	2.5g	4%	0.4g	0g	2%	0mg	580mg	25%	41g	14%	2g	8%	1g	4g	0%	0%	2%	6%	6%	
Low Fat Mini Twists/Mini Torsades à faible teneur en gras		30	190	1g	2%	0.2g	0g	1%	0mg	700mg	29%	42g	14%	2g	8%	1g	4g	0%	0%	2%	6%	6%	
Low Fat Thin Sticks/Bâtonnets Minces à faible teneur en gras		58	190	1g	2%	0.2g	0g	1%	0mg	650mg	27%	41g	14%	2g	8%	1g	5g	0%	0%	2%	6%	6%	
Low Fat Thin Twists/Torsades Minces à faible teneur en gras		18	190	1g	2%	0.2g	0g	1%	0mg	820mg	34%	41g	14%	2g	8%	1g	5g	0%	0%	2%	6%	6%	
Dips & Salsa (per 30g) / Trempettes et Salsa (pour 30 g)																							
French Onion Dip/Tremquette à l'oignon																							
2 tbsps/2 c. à table		50	3g	5%	2g	0g	8%	10mg	3%	200mg	8%	5g	2%	0g	0%	1g	1g	2%	0%	2%	0%	0%	
Nacho Cheese Dip/Tremquette Fromage Nacho																							
2 tbsps/2 c. à table		80	6g	9%	3g	0g	15%	10mg	3%	330mg	14%	3g	1%	0g	0%	2g	2g	2%	0%	8%	0%	0%	
Restaurant - San Antonio Queso																							
2 tbsps/2 c. à table		50	4g	6%	1g	0.6g	4%	5mg	1%	140mg	6%	3g											